

Career Commandments to Combat Imposter Syndrome

Hello and thank you for downloading this professional development resource! These career commandments* will enable you to combat imposter syndrome during your job search and throughout your professional career journey. Simply recite them each day to get your work day started off right!

-Crystal Williams, Career Coach

***Career Commandments are authoritative instructions one should live by to elevate their mindset throughout their career journey. Additionally, Career Commandments assist in holding individuals accountable for their words, actions, and work ethic in their work environment.**

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**Thou shall believe you are
more than enough**

Thou shall believe you are deserving

**Thou shall understand the value
you bring and your worth**

**Thou shall not compare your
career journey to others**

**Thou shall believe in
progress over perfection**